

EFFECTIVENESS OF STRUCTURED TEACHING PROGRAMME ON KNOWLEDGE REGARDING SELECTED ADOLESCENT BEHAVIORAL PROBLEMS AND ITS PREVENTION AMONG STUDENTS

R. NAGANANDINI

*Associate Professor and HOD, Department of Psychiatric Nursing, Vinayaka Mission's Annapoorana
College of Nursing, Vinayaka Missions University, Salem, Tamil Nadu, India*

ABSTRACT

Background of the Study

Quasi-experimental, one group pre-test and post-test design was used to assess the effectiveness of Structured Teaching Programme on Knowledge regarding selected Adolescent Behavioural Problems and its Prevention among Students in selected colleges at Bangalore. In a view of the nature of the problem and to accomplish the objectives of the study, a structured teaching programme was prepared regarding selected adolescent behavioural problems and its prevention. Reliability of tool was found to be 0.96 hence tool is highly reliable. The study was conducted in Dhanalakshmi Srinivasan Education College. 60 students (science group) were selected by simple randomization with lottery method. Structured knowledge questionnaire was used to collect the needed data. Collected data was analysed by using descriptive and inferential statistics.

Results

The mean pre-test level of knowledge is 14.4 and means percentage is 36 with a SD of 5.27. And majority of respondents (76.67%) fall in inadequate knowledge level in the pre-test. In the post test, significant increase in knowledge was found. Mean post- test level of knowledge was 32.7 and the mean percentage was 81.75 with a SD of 3.05. And majority of respondents (73.33%) fall in adequate knowledge level.

Interpretation and Conclusions

76.67% of participants had inadequate level of knowledge before structured teaching programme and 73.33% gain adequate knowledge after structured teaching programme. Hence the structured teaching programme was found to be effective in improving the knowledge students.

KEYWORDS: *Adolescents, Behavioural Problems and Prevention*

Received: Feb 10, 2016; **Accepted:** Feb 20, 2016; **Published:** Mar 10, 2016; **Paper Id.:** TJPRC:IJPNJUN20161